

**REGISTERED COMPANY NUMBER: SC195896 (Scotland)**  
**REGISTERED CHARITY NUMBER: SC023610**

**Report of the Trustees and**  
**Unaudited Financial Statements for the Year Ended 31 March 2023**  
**for**  
**Befriending Networks Ltd**

**Gibson McKerrell Brown LLP**  
**Chartered Accountants**  
**14 Rutland Square**  
**Edinburgh**  
**Midlothian**  
**EH1 2BD**

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for the Year Ended 31 March 2023**

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## **Befriending Networks Ltd**

### **Report of the Trustees for the Year Ended 31 March 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

Befriending Networks exists to:

- Provide a high standard of information, training, resources, quality development and consultancy in relation to befriending
- Raise the profile and understanding of befriending and its role within a continuum of social care provision
- Support the delivery of high-quality befriending services
- Maintain an effective and supportive network among our constituent members

The principal objectives of the charity are to perform the role of providing information and support for new and established befriending services, which helps them develop effectively and efficiently by sharing experiences and practice. Ultimately, the reason for Befriending Networks is to ensure that people receive a high-quality service from befriending organisations, through initiating supportive relationships delivered by volunteer befrienders. Befriending services are often small and can be geographically isolated, and coordinators find value in meeting to share good practice and learning. Befriending Networks also exists to promote the work of its member organisations and raise the profile of befriending to national and local government, commissioners and funders.

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Befriending Networks continues to delivery highly valued support services to the befriending sector. Our staff team provide timely responsive support alongside planned events and training to our network of nearly 400 membership organisations. Our membership at the end of year comprised members from Scotland (164); England (213); Wales (10); Ireland and Northern Ireland (5), Internationally (7).

Our core activity is always membership focused and takes the form of a comprehensive learning and development programme; the offer of a Quality Award assessment; networking opportunities through free to access Q&A sessions; regular communications; and our flagship Befriending Week and annual conference.

"Befriending Networks provides me with confidence that I'm not doing this job alone, and that I have somewhere reliable to go for advice and help. Networking with other organisations provides me with hints and tips for new approaches to try, sensible advice and confirmation that I'm not doing it all wrong!"

The report on achievement and performance is reported against the objectives detailed in the Strategic Plan 2021 - 2024 and cover the second year of the plan across three priority areas:

1. Support front line organisations to deliver well through providing information and support, encouraging organisational development and capacity building, promoting good practice within the befriending sector.
2. Increase communication and networking; provide a network for communication and sharing, develop an evidence base for befriending.
3. Provide a platform for member voices, raising awareness, representing them, and influencing national and local policy.

The delivery of activity against these priorities was contextualised by the continued impact of Covid-19 and Covid-19 recovery opportunities; alongside economic downturn which has created a "cost of living" and "cost of operating" crisis across the UK and impacting unequally within communities.

**Priority 1: Support front line organisations to deliver well through providing information and support, encouraging organisational development and capacity building, promoting good practice within the befriending sector.**

We saw a period of stability in our membership size, following previous periods of growth as new befriending services emerged in the context of the Covid-19 pandemic. We continued to deliver information and support, training, quality standard awards, networking events, annual conference, and launched a dedicated membership service presence in Wales with resources translated to Welsh for the first time.

Our members are our greatest supporters and advocates. Our members are generous with their time, experience and knowledge contributing this through exchanges at networking events and forums. One member told us "I appreciate the inspiration we get from Befriending Networks, and always recommend you to other befriending projects."

Our Learning and Development offer comprises a comprehensive programme of topical training and awareness raising, online learning and webinars in our Vital Skills programme. Across these two programmes we delivered 47 learning opportunities across 16 subject areas. These were attended by 305 learners. Our most popular learning opportunities were retaining volunteers and support and supervision of volunteers. We also delivered bespoke training and consultation work to six organisations. These activities contribute directly to income generation for the charity.

Our highly regarded Good Practice Guides continue to be popular assets to our membership, with website downloads indicating continued need for all three resources. Being a Befriender was downloaded 3500 times this year. Seven events to support the application of learning of "Good Practice" were hosted and well attended by 131 delegates. During the year we have continued to support befriending coordinators to access the volunteer training toolkit, we ran regular free sessions to help coordinators use this resource to develop their own specific volunteer training. This toolkit offers videos plus a range of other resources including reading materials, activities, and PowerPoint slides.

Working in partnership and through our membership, 70% of members strongly agreed or agreed with the statement that membership of Befriending Networks had increased the knowledge and skills of their volunteers; whilst 91% strongly agreed or agreed that this had increased the knowledge and skills of staff.

One member feedback "I have been really grateful for the support and wisdom of the befriending network and have really enjoyed the training sessions."

**Report of the Trustees  
for the Year Ended 31 March 2023**

We support our members to both increase and celebrate the quality of their services through our Quality Awards programme. Forty-one organisations held a quality award in 2022/23, of which 9 organisations achieved the award for the first time this year, a further 7 organisations achieved reaccreditation of their award status for a further 3-year period. A *significant* development was the introduction of the Quality in Mentoring framework which now sits alongside our Quality in Befriending Award, both awards have the option to be attained at Excellence level. One award holder said "the award not only helped us improve our mentor programme but connected us to other mentoring programmes across the UK. It was a chance to reflect, to modify and introduce new policies and procedures and enhance what we already had in place."

**Priority 2: Increase communication and networking: provide a network for communication and sharing, develop an evidence base for befriending.**

Over the year we provided 30 free to attend Q&A sessions, these are either generic sessions or have a specific theme common to members, whilst delivering the same number of sessions we demonstrated increased attendance from the previous year, with 506 attendees. Our Managers' Network continues to meet monthly and supports those managing staff, leading organisations, and those interested in making connections for peer support from others within the sector. The theme and agenda of Q&A and Managers' Network is informed by the needs and asks of our membership. Over the year there were 290 attendances at this network.

The safe space created within Q&A's is valued by members: "the first Q&A I went to really gave me the confidence to start my new role. I continue to find them very beneficial. I have not been in my role for very long and the power of networking is a great thing indeed."

Hosted within Befriending Week 2022, we organised three online events to anchor the week - our annual conference and two 'research in the field' sessions. The conference's keynote speaker was Kim Leadbeater MP, whilst workshops and other speaking contributions were made by members. Across the three events 323 bookings were made to attend.

Newsletters are sent out monthly and subscriptions have experienced a small increase from the previous year. We also produced a thematic Children and Young People's News which is sent monthly to members with a specific interest in befriending services for those under the age of 18 years. Our Membership Officers produce monthly 'members emails' which highlight upcoming events, opportunities, and remind members of support and resource available from our team.

Our social media presence continues to grow, and a clear social media plan is now being implemented across three channels. We have increased followers on both Facebook (increase of 1872 (182% increase) and Twitter (increase of 3335 (282% increase) creating a wider social network and digital audience for our work. Befriending Networks' LinkedIn page has also been re-established during the year and is showing slow steady growth with a professional network.

Our skill and strength in networking and communicating with our members is documented within our membership feedback, with 88% of members regarding us to be successful or very successful in these areas. Feedback of the benefit of this approach includes that they are spaces for best practice, they are safe spaces, they are learning opportunities, and they foster increased confidence within individuals and organisations.

**Priority 3: Provide a platform for member voices, raising awareness, representing them, and influencing national and local policy.**

We provide respected voice and advocacy for the befriending sector; this is most evident in our regular attendance and active participation in All Party Parliamentary Group (APPGs) and Cross-Party Groups (CPGs) which ensured the experience of befriending services and those they support were heard within policy influencing spaces and by parliamentary representatives.

In Scotland, we have continued to have an active role as a member of the Ministerial Advisory Group for the Isolation and Loneliness Strategy, supporting the delivery of A Connected Scotland, as well as supporting collaboration and practice sharing between third sector organisations as co-chair of the Social Isolation and Loneliness Action Group. In England, we have continued our role as Loneliness Champions as part of the Tackling Loneliness Action Plan and are active members on the Tackling Loneliness Hub and the Connection Coalition.

As an intermediary body we connect with others for peer support but also to amplify our members experiences as charities and community organisations, this is achieved through our participation in the SCVO Intermediaries Network and the Directory for Social Change Civil Society Group.

Befriending Week (1-7 November) was celebrated by our membership, coordinated by ourselves. The publication of free available resource pack on our website had more than 15,000 downloads. Efforts to support a digital campaign were rewarded with an estimated 1,300 organisations participating in awareness raising activities. The campaign reached 5.3 million people across social media platforms.

We have supported the work of partner campaigns sharing various befriending stories from our members including during Volunteers Week, Loneliness Awareness Week, and Mental Health Awareness Week.

## **Befriending Networks Ltd**

### **Report of the Trustees for the Year Ended 31 March 2023**

Our ability to increase awareness of befriending, was regarded highly by our membership, with 81% agreeing that we were very successful at achieving this. Our members told us: "membership of Befriending Networks assists greatly in widening our connections and increasing our impact."

#### **Organisational Development**

Throughout 2022/23 Befriending Networks has continued to evolve to meet the challenges faced by our sector and to be informed by the needs of members. Our staff, located across the UK, are well connected using technology to be responsive to our membership. Our offer to members remains almost entirely remote/virtual but we will continue to keep this under review and where practical re-introduce in-person opportunities.

We invested in Salesforce as a cloud-based solution to our membership data management, this was introduced in January 2023 and is transforming how staff work and the quality of service we can offer to our members. Our vital skills training programme has utilised specialist online-learning software, MySkillsCamp, since summer 2022, receiving positive feedback from both learners and staff.

Our staff team experienced some changes following the retirement of staff, we welcomed new colleagues to the organisation. Staff change has provided an opportunity for continuous reflection, planning and development. Our whole staff meets fortnightly for team meetings and came together in person three times for strategic and operational development. In December 2022 our CEO gave notice of their resignation, and the trustees engaged in a successful recruitment campaign leading to the appointment of a successor with the opportunity for handover and a seamless transition in March 2023.

Trustees also took steps to review and implement changes in financial processes and services, including greater use of Xero for management accounts and change of banking partners and the management of short to medium term investments.

#### **Future Plans**

Demand for services/support is ever higher and the needs of the individuals they support in many cases have also increased in complexity, with both physical and mental health conditions having worsened, exacerbated by cost of living, covid-19 recovery, and increasing pressure and reductions on public spending. The current cost of living/ cost of operating crisis is challenging for Befriending Networks and its members, both in terms of organisational funding resources and the impact on volunteers and those they support across the country.

We will continue to provide support to our members on these issues and ensure that the experiences and voices of people and organisations are shared. To achieve this 2023/24 we will review the capacity and structure of our organisation, commencing with a review of our membership services offer and development of a membership growth and engagement strategy.

Organisationally, with a new CEO, we will take the opportunity to undertake a review of policies, procedures, and process. We will develop our board through the recruitment and induction of member trustees. We will review our future operating needs, including the location and function of our office space.

We will work to further enhance our organisational culture through investment in continuous professional development for staff, through shared learning associated with fostering an inclusive culture, and through the consolidation and enhancement of our staff wellbeing offer.

We will review our communications and marketing, with the intention of updating our brand identity and transitioning to a website which better serves our organisational needs and future ambitions.

#### **FINANCIAL REVIEW**

##### **Financial Review**

During the period of these Accounts the Charity received restricted grants and donations of £251,362. The restricted expenditure was £256,519. There were restricted reserves of £26,142 at the year ended 31 March 2023. There was a surplus on unrestricted funds for the year ended 31 March 2023 of £8,369. There were unrestricted reserves of £258,474 at 31 March 2023.

## **FINANCIAL REVIEW**

### **Reserves policy**

It is the policy of the charity to have the following designated funds:

**Digital Transformation Fund** (£50k to be expended by 31st March 2025). This designated fund will support the ongoing investment and development of our digital services including replacement of our existing website, salesforce integration, online learning platforms, and other cloud-based services which improve service user experience.

**Organisational Development Fund** of £20k, recurring and ongoing where funds allow. Supports activities which further advance the organisation and its capacity to deliver, comply, or exceed statutory obligations. Activities within this fund include being an exemplary employer and volunteer involving organisation, and includes activities such as strategic planning, board development, leadership and governance, staff learning and development, and initiatives which enhance the wellbeing of staff.

**Growth Fund** (£60k to be expended by 31st March 2025). This designated fund will support growth of service or charitable activities. It is intended that the priorities will be associated with enterprising activities, sectoral voice and advocacy, research and policy influencing.

The remaining funds are unrestricted free reserves of the charity. These should be a minimum of no less than 3 months but aiming for 6-9 months running costs to support charitable activities and provide stability to operational activities. An amount is retained for the cost of any potential winding up of the organisation, and this figure is reviewed annually.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its governing document, the memorandum, and articles of association, this constitutes a company limited by guarantee, as defined by the Companies Act 2006.

### **Recruitment and appointment of new trustees**

Six of the Directors, or Trustees, can be members of Befriending Networks, called 'Member Directors'. Four of the Directors can be non-members, called 'Appointed Directors'. At each Annual General Meeting Appointed Directors retire, as do the longest standing 50% of Member Directors, although they may stand for re-election if they wish. The business of the charity is conducted by five board meetings per year, whilst strategy meetings, subgroup meetings and training events are also convened when required. All major decisions are taken at these meetings, while operational management decisions are taken by the Chief Executive who acts as Company Secretary.

### **Key management remuneration**

The Directors considered the board of directors, who are the Charity's Trustees, and the Company Secretary comprise the key management personnel of the charity in charge of directing and controlling, running, and operating the charity on a day-to-day basis. All Directors give of their time freely and no Director received remuneration for their time. The pay of the senior staff is reviewed annually.

### **Related parties**

There are no related parties.

### **Risk management**

Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. A risk register is maintained and monitored by the Chief Executive and charity trustees are regular intervals. Risks are mitigated through appropriate measures and actions.

The trustees are exercised in their governance regarding financial risk, recognising that charity income requires diversification beyond reliance on long standing principal funders. The trustees have worked with the staff team, to successfully develop opportunities for income generation, and commit that a fundraising strategy is to be developed to coincide with the next strategic plan.

Other factors which the trustees have within their scope for effective risk management includes supporting staff to deliver within capacity; proportionate and sustainable growth of membership size; external pressures and influences such as political and economic factors; and regulatory and legal compliance.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

### **Registered Company number**

SC195896 (Scotland)

### **Registered Charity number**

SC023610

**Befriending Networks Ltd**

**Report of the Trustees  
for the Year Ended 31 March 2023**

**Registered office**

5-7 Montgomery Street Lane  
Edinburgh  
EH7 5JT

**Trustees**

J Laird (resigned 26.4.23)  
G Frame (resigned 26.4.23)  
S Coyne  
G F Liddall  
C Watson  
E Kenward  
J Bates (resigned 2.11.22)  
G Astley (resigned 2.11.22)  
K Duffin (resigned 21.2.23)  
L C Pryke (resigned 21.2.23)  
J K E Burnett (appointed 2.11.22)  
P Winford (appointed 2.11.22)

**Company Secretary**

S Van Putten (resigned March 2023)  
S E Hunter (appointed March 2023)

**Independent Examiner**

Julian Cordery FCCA FCA CA  
Gibson McKerrell Brown LLP  
Chartered Accountants  
14 Rutland Square  
Edinburgh  
Midlothian  
EH1 2BD

**Bankers**

CAF Bank Ltd  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4JQ

Approved by order of the board of trustees on 5 September 2023 and signed on its behalf by:



G F Liddall - Trustee



**Independent Examiner's Report to the Trustees of  
Befriending Networks Ltd**

I report on the accounts for the year ended 31 March 2023 set out on pages eight to fourteen.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.


**Independent examiner's statement**

In connection with my examination, no matter has come to my attention :

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
  - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Julian Cordery FCCA FCA CA

Gibson McKerrill Brown LLP  
Chartered Accountants  
14 Rutland Square  
Edinburgh  
Midlothian  
EH1 2BD

5 September 2023

**Befriending Networks Ltd**

**Statement of Financial Activities  
for the Year Ended 31 March 2023**

	Notes	Unrestricted funds £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	-	241,362	241,362	355,500
<b>Charitable activities</b>					
Training/Network		80,239	16,865	97,104	83,646
Investment income	3	1,129	-	1,129	10
Other income		<u>113</u>	<u>-</u>	<u>113</u>	<u>22</u>
<b>Total</b>		<u>81,481</u>	<u>258,227</u>	<u>339,708</u>	<u>439,178</u>
<b>EXPENDITURE ON</b>					
Raising funds		18,347	8,327	26,674	24,635
<b>Charitable activities</b>					
Training/Network	4	<u>59,445</u>	<u>248,192</u>	<u>307,637</u>	<u>377,706</u>
<b>Total</b>		<u>77,792</u>	<u>256,519</u>	<u>334,311</u>	<u>402,341</u>
<b>NET INCOME</b>		3,689	1,708	5,397	36,837
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>250,105</u>	<u>14,434</u>	<u>264,539</u>	<u>227,702</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>253,794</u>	<u>16,142</u>	<u>269,936</u>	<u>264,539</u>

The notes form part of these financial statements

**Befriending Networks Ltd**

**Statement of Financial Position  
31 March 2023**

	Notes	Unrestricted funds £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	11	-	-	-	1,434
<b>CURRENT ASSETS</b>					
Debtors	12	5,824	-	5,824	220
Cash at bank and in hand		<u>257,833</u>	<u>26,142</u>	<u>283,975</u>	<u>266,269</u>
		263,657	26,142	289,799	266,489
<b>CREDITORS</b>					
Amounts falling due within one year	13	(9,863)	(10,000)	(19,863)	(3,384)
<b>NET CURRENT ASSETS</b>		<u>253,794</u>	<u>16,142</u>	<u>269,936</u>	<u>263,105</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>253,794</u>	<u>16,142</u>	<u>269,936</u>	<u>264,539</u>
<b>NET ASSETS</b>		<u>253,794</u>	<u>16,142</u>	<u>269,936</u>	<u>264,539</u>
<b>FUNDS</b>	14				
Unrestricted funds:					
General fund				123,794	120,105
Designated funds				<u>130,000</u>	<u>130,000</u>
				<u>253,794</u>	<u>250,105</u>
Restricted funds				<u>16,142</u>	<u>14,434</u>
<b>TOTAL FUNDS</b>				<u>269,936</u>	<u>264,539</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

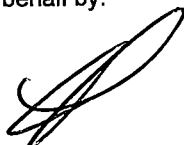
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5 September 2023 and were signed on its behalf by:



G F Liddall - Trustee

The notes form part of these financial statements

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

**Income recognition**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants is recognised when the charity has the entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the service being performed is deferred until the criteria for income recognition have been met.

**Expenditure recognition**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Cost of raising funds**

Raising funds includes all expenditure incurred by the charity to raise funds for its charitable purposes and includes costs of all fundraising activities, events and trading activities.

**Charitable activities**

Costs of the charitable activities include staff and support costs.

**Support and governance costs**

Support costs have been allocated between governance costs and other support costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to independent examination and an apportionment of overhead and support costs. Governance costs and support costs relating to charitable activities have been apportioned between funds based on an estimate by the Trustee. The allocation of support and governance costs is analysed in note 7.

**Allocation and apportionment of costs**

The costs arising during the year are apportioned to the restricted and unrestricted income on an accruals basis.

**Tangible fixed assets**

Tangible fixed assets are initially measured at cost. Cost includes the original purchase price and costs directly attributable to bringing the asset to its present location and into its present condition. After initial recognition, the assets are measured at cost less any accumulated depreciation and any accumulated impairment losses.

The policy is not to capitalise items costing less than £1,000

Depreciation is provided by equal instalments at the following annual rates in order to write off each asset over its estimated useful life or, if held under a finance lease, over the lease term, whichever is the shorter.

Plant and machinery - 25% on cost

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES - continued

**Tangible fixed assets**

Computer equipment - 25% on cost

The assets' residual values and useful lives are reviewed, and adjusted, if appropriate, at the end of each reporting period. The effect of any change is accounted for prospectively.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	Unrestricted	Restricted	31.03.23 £	31.03.22 £
<b>Grants and Donations</b>				
CYPFEIF & ALEC-Corra Foundation	-	49,350	49,350	47,000
M & G Community Grant	-	-	-	2,500
The Scottish Government S10 Equalities Unit	-	40,000	40,000	40,000
The Scottish Government S10 Mental Health Directorate	-	40,000	40,000	40,000
Scottish Government Winter Support	-	45,000	45,000	170,000
National Lottery Building Communities	-	42,000	42,000	56,000
National Lottery Wales	-	25,012	25,012	-
	-	<u>241,362</u>	<u>241,362</u>	<u>355,500</u>

3. INVESTMENT INCOME

	31.3.23 £	31.3.22 £
Interest received	<u>1,129</u>	<u>10</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5) £	Grant funding of activities £	Support costs (see note 6) £	Totals £
Training/Network	<u>233,308</u>	<u>41,172</u>	<u>33,157</u>	<u>307,637</u>