



# SPRING / SUMMER 2022

## Befriending Networks Training and Events

We want to give you enough notice as possible on upcoming training so you can plan accordingly. On page two you will see an outline of all training and events in available themes. These themes match our website page of [www.befriending.co.uk/training-events](http://www.befriending.co.uk/training-events) and this will help you to navigate our website, see more details and book.

On page three you will see a breakdown of our available training May > August 2022 for our Spring/Summer programme. We will continue to give you quarterly updates throughout the year. Please monitor our networking events page closely for information on our free networking events being released gradually. At this time, all events are still offered on an online basis.

If you would like to see a full breakdown of what each course available entails then follow these links:

- [Topical Training courses information](#)
- [Vital Skills for Staff courses information](#)
- [Good Practice Training](#)
- [Volunteer Toolkit](#)

## VITAL SKILLS FOR STAFF

Seven modules are available. Each course is designed to support coordinators and befriending staff with their responsibilities. New to your job? Or looking for a refresher? Why not sign up to learn your Vital Skills? Each course is designed around a resource pack, written assignments and online classes to confirm learning and network with other students. :

- Training for Trainers
- Recruiting Befrienders
- Support and Supervision
- Boundaries in Befriending
- Making Your Matches
- Risk Management in Befriending
- Managing Waiting Lists, Capacity and Endings

## BESPOKE TRAINING

Do you need training for your staff, volunteers and/or trustees? Don't see your required topic listed? Don't see available spaces of your course? Looking for a combination of themes and topics? We can design a training package specifically to fit your needs. It all begins with a free bespoke consultancy session on Zoom. Please see our bespoke page for more information.

## VOLUNTEER TRAINING TOOLKIT

Members of Befriending Networks gain exclusive access to our Volunteer Training Toolkit: A bundle of resources to use when training your volunteers to be befrienders. There are videos, PowerPoints, ready materials, interactive activities, podcasts, written assignments - you can pick and choose, and edit, these tools to fit your project and your volunteers' needs.

- How to Sessions - guidance on using the toolkit

# Training and Events available at Befriending Networks

## MANAGERS NETWORK (NEW)

Monthly sessions for managers (who line manage other employees). Join our CEO, Sarah, to discuss all things surrounding the management and leadership of befriending services and problem solve together, in safe supportive environment.

## GOOD PRACTICE (NEW)

All of these courses are an interactive discussion followed by a Good Practice Guide resource to help you with the operations of your project.

- Improving and Evaluating Your Safeguarding Policy
- Running a Befriending Service
- Dementia and Befriending
  - *How to operate a Dementia friendly service & train volunteers accordingly*

## TOPICAL TRAINING

Topical courses are training on specific themes covering common issues in the land of befriending. The majority of these courses are targeted towards staff but there are some appropriate for volunteers and trustees. The majority of these courses are structured with an online session followed by access to a resource. Please check each course listing for specifics.

- Approaching Collaboration
- Bereavement in Befriending
- Communicating and Engaging Volunteers with Policies and Procedures
- Management and Leadership
- Mental Health Awareness
- Reducing Inappropriate Referrals
- Safeguarding in Befriending
- Social Impact: How to Measure
- Supporting Mental Wellbeing
- Volunteer Retainment

## NETWORKING

Our FREE sessions are an opportunity to learn from other befriending projects and to access the support of Befriending Networks staff directly. Tackling a number of common issues, with a range of perspectives, each event is unique.

- Q+A Sessions

## Training currently available this Spring / Summer 2022

<b>2022</b>	<b>Course Title</b>	<b>Date and Time</b>	<b>Cost</b>
<b>May</b>	Topical Training: Safeguarding in Befriending	Monday 16 <sup>th</sup> May, 10am – 11:30am	£30/40
<b>June</b>	Good Practice: Dementia and Befriending	Wednesday 8 <sup>th</sup> June, 1pm – 3:30pm	£80/90
	Topical Training: Safeguarding in Befriending	Tuesday 14 <sup>th</sup> June, 2pm – 3:30pm	£30/40
	Topical Training: Communicating and Engaging Volunteers with Policies and Procedures	Tuesday 21 <sup>st</sup> June, 2pm – 3:30pm	£25/30
	Volunteer Training Toolkit: How To	Thursday 23 <sup>rd</sup> June (Members exclusive)	Free
	Vital Skills: Training for Trainers	Independent Learning: Tuesday 7 <sup>th</sup> June > Thursday 30 <sup>th</sup> June [3 x Zoom sessions throughout]	£95/110
	Vital Skills: Recruiting Befrienders	Independent Learning: Monday 27 <sup>th</sup> June > Tues 12 <sup>th</sup> July [zoom session on last day]	£55/65
<b>July</b>	Topical Training: Approaching Collaboration	Tuesday 5 <sup>th</sup> July, 9:30am – 11am	£15/20
	Topical Training: Reducing Inappropriate Referrals	Tuesday 5 <sup>th</sup> July, 1pm – 2:30pm	£30/40
	Vital Skills: Boundaries	Independent Learning: Mon 4 <sup>th</sup> July > Fri 15 <sup>th</sup> July [zoom session on last day]	£55/65
	Vital Skills: Matching	Independent Learning: Mon 18 <sup>th</sup> July > Thurs 28 <sup>th</sup> July [zoom session on last day]	£55/65
	Vital Skills: Training for Trainers	Independent Learning: Tuesday 26 <sup>th</sup> July > Tuesday 16 <sup>th</sup> Aug [zoom session on last day]	£95/110
	Vital Skills: Risk Management	Date to be confirmed	£55/65
<b>August</b>	Topical Training: Volunteer Retainment	Tuesday 2 <sup>nd</sup> August 2022, 9:30am – 11:30am	£25/35
	Vital Skills: Managing Waiting Lists, Capacity and Endings	Independent Learning: Thurs 25 <sup>th</sup> Aug > Thurs 8 <sup>th</sup> Sept [zoom session on last day]	£55/65

[Click here for Vital Skills](#)

[Click here for Topical Training](#)

[Click here for Volunteer Training Toolkit](#)

[Click here for Good Practice](#)

*\*Members of Befriending Networks receive the discounted rate on training when logged into account before processing their booking online*