

## UNCERTAIN BEFRIENDEE

### **Before**

I'm not sure I want a friend.

I'm ok.

It's a pretty good life here.

I don't need her.

And yet –

Sometimes I'm sad,

And feel a little lonely,

And everyone else is too busy.

It might be worth a try.

I can change my mind

When I get fed up with it.

### **Week 1**

Well, here she is –

All welcoming smiles,

And idle chit chat.

Bet she gets bored

And leaves me

Like all my other friends did years ago.

### **Week 6**

It's Tuesday,

Nearly 2,

Where is she?

Knew she'd get bored with me.

Ah!

I can see her coming,

And she's waving –

At ME!!!

## HESITANT BEFRIENDER

### **Before**

Could I befriend someone?

ME?

"She's painfully shy and lacks confidence" –

That's what they've always said.

But surely I don't have to be

The life and soul of the party

To make a difference

To someone.

Do I?

I don't want to get to the end

Of my life

Knowing I didn't try

To make the world a better place

In some small way

### **Week 1**

She looks grumpy

Bet she finds me boring

And gets fed up with me.

I feel awkward

And unsure of what to say

But I'm just going to be myself,

Smile,

See how things go.

Deep breath,

Here goes!

### **Week 6**

It's Tuesday,

Nearly 2,

Thought I'd never get through that traffic.

Wonder how Doris is doing.

Hope she's feeling better.

I've so much to tell her,

And can't wait to hear

Wonder what news she's got for me.

Wait till I tell her

What I've been up to this week.

She'll be surprised.

### **Week 13**

Can't believe we've been friends

For 3 months already!

We're going up to the café today

For a cuppa and cake

(Hope they've got chocolate!)

It's just like the old days!

I look forward to Tuesdays,

Having fun,

With my friend.

But I'm not going to tell HER that –

Not yet!

What her week's been like.

Look!

She's there at the window.

Does she just happen to be looking out?

Could she be watching –

For ME?

### **Week 13**

Can't believe I've been visiting Doris

For 3 months already!

I love spending time with her,

And I feel so much better myself.

It's not always been easy,

But there's always been support there for me,

And training to give me confidence

That I'm doing the right thing

In the right way.

And Doris has changed.

Ok – she's still grumpy at times,

But she looks happier,

She smiles when we crochet together

And what a smile

Her face lights up!

Anyway, today we are celebrating

With cake and coffee.

And I have so much

To celebrate.