

Take The Time – How partnership can prevent isolation



# THE STORY OF 'TAKE THE TIME'



[How to become a befriender...](#)







# MAKING A DIFFERENCE

1,000+ people across  
Scotland have signed up





*Touching stories*

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*Social Media*

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*Local, local, local*

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*Exclusivity*



HOW WE  
CAN ALL  
WORK  
TOGETHER

The video of our befriending pair we interviewed:

<https://vimeo.com/257014151>