



Vital Skills in Befriending Boundaries

Assignment

Those wishing to gain the credit rating for the “boundaries” element of the Vital Skills in Befriending Certificate will be required to successfully complete the following assignment.

Time commitment assigned to this assignment is 25 hours

Credit rated at SCQF level 7, 3 credits

Participants will be required to evidence their learning in this section by presenting a boundaries policy and a rationale for its use with both volunteer befrienders and befriendees.

It should demonstrate a knowledge, understanding and practical application of the learning outcomes outlined in the “boundaries” element of Vital Skills in Befriending Certificate.

- This boundaries policy should outline:
 - ... the boundaries which the project determines will be applicable to all of its matches
 - ... a rationale for each of these boundaries
 - ... an introduction outlining how this policy document will be used with both volunteer befrienders and befriendees
 - ... action that will be taken if these boundaries are overstepped by either the befriender or the befriendee
- The boundaries rationale should explore boundaries within all relationships: specifically:
 - ... the function of boundaries
 - ... the shifting/changing of boundaries as a relationship matures
 - ... why people overstep/break boundaries and potential consequences of this for the relationships both positive and negative.
- The boundaries rationale should also explore why boundaries within befriending relationships are important to the befriending service, the clients and the volunteers.
 - ... Each of the above should be evidenced using 5 examples